



### LIVING ON LIGHT & BREATHARIAN PATHWAYS

Jasmuheen – free YouTube Videos, Research Manuals & Meditations

Thank you for your questions. Please find below data regarding our research and everything that may help you re pranic living. There are books to read on this subject, CD's with meditations to increase your prana flow plus free videos for education on our YouTube channel. We trust that these will answer all of your questions on this matter.

Please note that I can no longer support the 21 day process as we have found that it is too quick for most people on an emotional body level and that many do not follow the guidelines offered in the *Living on Light (Pranic Nourishment)* book. It also cannot guarantee your transition into living purely on prana and has a 10% long term success rate. Your only guarantee into this successfully is your personal frequency which sets up a natural magnetic attraction into this reality once the mental paradigm is tuned. Hence we promote the slower, safer methodology as outlined in the book *The Food of Gods* which we have found has a 70% long term success rate as it is gentler to the bodies and allows for a more harmonious long term social integration.

Regarding courses, apart from our intense Darkroom retreat training, **ADD IN DARKROOM NEW LINK TO JAS.COM** - we do not offer courses in Breatharianism or living purely on prana as we feel that your best guide or helper in this is the Divine One Within you – your DOW – and you need to be able to trust this inner voice 100% before making this type of transition to live purely from its love. Just hold the intention that IF it is in your blueprint to do this then it occurs in joy, ease and Grace guided by your DOW in the perfect manner and in the perfect time.

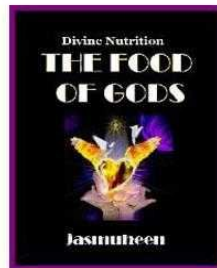
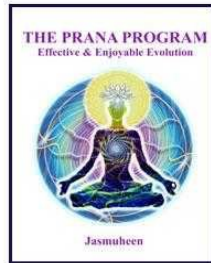
In the meantime, honour your intelligence and acquaint yourself with our books, CD's and free data on YouTube.

We hope you will enjoy all of our research. Also you might look to what our work is really about as Breatharian Pathways forms only one path of 12 that we offer in our Pathways of Peace Pragmatics which is our current service focus. Pranic Living and the breatharian reality was a path researched experientially by myself and now many others, to discover a solution to world health and world hunger issues.

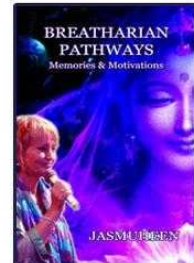
Many Blessings to you, in love, light and laughter, Jasmuheen



**Basic  
required  
reading  
Living  
on Light**



**New!  
Breatharian  
Pathways**



**Jasmuheen's Research on Prana, Living on Light & World Hunger Solutions  
Free VIDEOS on ALTERNATE NOURISHMENT SOURCES**  
for efficient personal & global resource usage

- PRANIC LIVING FOR PERMANENT PEACE - [introduction](#). □ Breatharian & Prana - Living on Light YouTube [playlists](#). □ [The Western Breatharian](#) - introductory video on this.
- Jasmuheen on her background with [Pranic Nourishment](#) □ [The Prana Program - introduction](#) video to series on eliminating world hunger.

**On Pranic Living Jasmuheen writes: "Pranic Living is not a diet - it is ascension into more refined evolutionary paths on both individual then global levels! As vast multi-dimensional beings, we have limitless access to a source of internal nourishment (prana-chi) that constantly bubbles champagne-like throughout the matrix of life. This pranic stream acts as a type of glue to bind our creations and help with our manifestations to bring more Grace into our lives. Meditation allows us to go deep within the inner silence to discover and experience this pranic flow in all its forms and as we focus upon it we become immersed within it and so find ourselves ascended and transformed. Increasing our personal internal & external chi flow like we do in our gatherings and retreats can rid our world of all of all its hungers and bring about a state of global harmony and permanent peace and so our international tours seminars and retreats continue with this focus."**

As many are now aware, metaphysical author Jasmuheen has spent the last four decades studying the rhythms of the field of Divine Love to the degree that in 1993 she discovered its ability to provide nourishment on not just emotional, mental and spiritual levels but also on a physical level. She then toured extensively sharing this with all those open to experience this different way of being nourished, continually also offering deep meditations within the field of love that will align us more powerfully to this nourishing force so that our presence enhances human evolution in ways that benefit us all. Pranic living then gave birth to the Embassy of Peace with its pragmatic Programs & Projects of Personal, Global & Universal Harmonization.

Jasmuheen Research Manuals  
Recommended Basic reading for Pranic Nourishment Practice  
<http://www.jasmuheen.com/htm/who-author.asp>  
<http://stores.lulu.com/jas-1>  
Also can be purchased from Amazon.com