

Jasmuheen



AMBASSADOR for the EMBASSY OF PEACE

<http://www.jasmuheen.com/living-on-light/>



The Bigger Picture - resource sustainability & the global Prana Program Project:- The main gift of pranic living and increasing our personal chi/prana flow, is the ability to then be able to choose where we wish to take our physical body nourishment from. Also in order to eliminate global hunger issues we need to ensure that we adopt long term resource sustainability support systems and compassionately redistribute our current resources so that we can adequately feed everyone now and in the future. At the moment the ability to be nourished by prana is still relatively new to the western mind and there are many steps we need to take before this is a globally accepted lifestyle. However we can substantially reduce our carbon footprint now by becoming a vegetarian planet as it takes 20 times the resources to put meat on our tables compared to grains. Our free e-book 'Ambassadors of Light' covers this research in detail as does our manual *The Prana Program* while the book *The Food of Gods* provides the 'how to do this personally' methodology. Video data on the Prana Program Project, for eliminating or substantially reducing global hunger, is offered below.

- [The Prana Program](#) introduction video series on eliminating world hunger. [Part 1](#); [Part 2](#); [Part 3](#); [Part 4](#); [Part 5](#); [Part 6](#); [Part 7](#); [Part 8](#).
- Jasmuheen on [Prana & the World's Resources](#); [Resource Sustainability](#) - Jasmuheen at the Raw Spirit Festival; also a short film in Belgium with Paul Codde - Jasmuheen discusses vegetarianism and touches on [global resources and pranic living](#); Jasmuheen on [Living on Light - the bigger picture](#) - in Romanian & English.

Facts - Food for Thought - our world:-

- From [Poverty.com](#) website:- About 25,000 people die every day of hunger or hunger-related causes, according to the United Nations.
- [Think Quest](#) data: -
In the Asian, African and Latin American countries, well over 500 million people are living in what the World Bank has called "absolute poverty";
Every year 15 million children die of hunger;
For the price of one missile, a school full of hungry children could eat lunch every day for 5 years;
Throughout the 1990's more than 100 million children died from illness and starvation. Those 100 million deaths could be prevented for the price of ten Stealth bombers, or what the world spends on its military in two days!
The World Health Organization estimates that one-third of the world is well-fed, one-third is under-fed one-third is starving. One in twelve people worldwide is malnourished, including 160 million children under the age of 5.
Hunger in Global Economy; Nearly one in four people, 1.3 billion - a majority of humanity - live on less than \$1 per day, while the world's 358 billionaires have assets exceeding the combined annual incomes of countries with 45 percent of the world's people.
UNICEF; 3 billion people in the world today struggle to survive on US\$2/day;
In the U.S. hunger and race are related. In 1991 46% of African-American children were chronically hungry, and 40% of Latino children were chronically hungry compared to 16% of white children;

One out of every eight children under the age of twelve in the U.S. goes to bed hungry every night; Half of all children under five years of age in South Asia and one third of those in sub-Saharan Africa are malnourished;

To satisfy the world's sanitation and food requirements would cost only US\$13 billion- what the people of the United States and the European Union spend on perfume each year.



The Prana Program in Brazil - The Amazons & Rio's Favela's - [Brazil YouTube playlist](#). Insights - Data on Jasmuheen's personal work & observations in Brazil's slums (favelas) during 2006 & 2008 plus what some of the favela's people feel is needed to improve the quality of their lives. Recorded for the Embassy of Peace Global Harmonization Program. Video - [Summary & Solutions - Brazil's Favelas](#). **The Prana Program in India** - [India YouTube Playlist](#). Touching on some of Jasmuheen's work in India. [Inspirational India](#); Jasmuheen on [meeting with Yogi Masters](#) at Kumbh Mela; The [Tree Baba](#) & the standing Baba; Jasmuheen discussing [her experiences](#) in India. For more [click here ...](#)

BENEFITS OF BEING NOURISHED FROM COSMIC MICRO-FUEL There are so many benefits both personally and globally which we discuss in details in some of our [BLOGS](#) on this and also in the Prana Program manual. With around 50,000 people now in our world with this freedom of choice, more are learning to increase their chi flow and decrease their dependence on global food resources. Succinctly, personal benefits include expanded consciousness, improved health, vitality and longevity plus the incredible freedom of choice as to where we wish to attain our nourishment from - internally or externally or a blend of both. Globally the benefits include better long term resource sustainability and aiding in decreasing global warming plus more harmonious existence with mother earth plus the animal, plant and mineral kingdoms.